

# Kashmir Convener



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**CIK, SIA seize mobile phones in Central Jail Srinagar**

KC NEWS NETWORK

SRINAGA: Counter Intelligence Kashmir (CIK) and the Special Investigation Agency (SIA) Kashmir of Jammu and Kashmir Police jointly conducted searches at Central Jail, Srinagar in a terror-linked case. Several digital devices, including mobile phones, were recovered during the operation.

The searches were conducted under a search warrant issued by the Court of Special Judge, Designated under NIA Act, Srinagar, in case FIR No. 06/2023 under sections 153-A, 505, 121, and 120-B IPC read with sections 13 and 39 UA(P) Act.

The case pertains to a conspiracy involving proscribed terrorist organizations operating within Jammu and Kashmir and across the Line of Control (LoC), in collaboration with Pakistani agencies. These organizations are allegedly working with their Over Ground

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## Minimize Distress Cuts In Power Supply: CM Omar

● Unveils monitoring tool to streamline power curtailments in J&K



KC NEWS NETWORK

JAMMU: Chief Minister Omar Abdullah chaired a comprehensive review meeting of the Power Development Department (PDD) at the Civil Secretariat today.

The meeting focused on addressing power supply challenges, curtailment schedules,

revenue realization, and strategies for improving the efficiency of the power sector during the peak winter season.

In his remarks, the Chief Minister emphasized minimizing distress cuts so that public begins to trust the schedule of power cuts notified by the power development department.

"Deviations from announced curtailment schedules must be kept to an absolute bare minimum. While people are ready to accept planned curtailments, unexpected and prolonged power cuts are difficult for them to tolerate," he stated.

He reiterated the need for a clear and reliable curtailment program, stressing that distressed curtailments should be rare and well-communicated.

The meeting was attended by Advisor to CM Nasir Aslam Wani, Chief Secretary Atal Dulloo, Additional Chief Secretary to CM Dheeraj Gupta, Principal Secretary Power Development Department Rajesh H. Prasad, Principal Secretary Finance Satosh D. Vaidya, Managing Directors of DISCOMs, senior officers of the PDD, and other concerned officials.

Kashmir-based officers joined the meeting virtually. Principal Secretary PDD, Rajesh H. Prasad, presented a detailed overview of key areas including power

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## Chief Secretary Reviews Upgradation Of Infra, Services In Health Sector



KC NEWS NETWORK

JAMMU: Chief Secretary, Atal Dulloo today held a meeting of Health & Medical Education (H&ME) Department to take assessment of the steps taken by the Department to add more MBBS, Post-graduate (PG) or Post-Doctoral seats in the medical colleges established across the districts of J&K.

Besides this, the Chief Secretary also took this occasion to access the upgradation of services offered to patients here along with completion of dozens of health projects taken-up in the length and breadth of the UT.

Besides the Secretary H&ME, the meeting was attended by Secretary, PWD; MD, NHM; Principals of Medical Colleges; Director Health Jammu/Kashmir; MD, JKMSCL and other concerned officers.

Dulloo enquired from each of the Medical College Principal about the steps they had taken to add the specialization courses like MD/MS, DM/MCH and DNB in their respective hospitals.

He also impressed upon the Principals of 07 New Medical Colleges to take necessary measures to add 50 more MBBS

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## MP Ruhullah asks Govt to explain purpose behind railway projects in Kashmir

Sajid Raina

SRINAGAR: The Member of Parliament from Srinagar Lok Sabha constituency, Aga Syed Ruhullah Mehdi on Wednesday raised concerns over the construction of two new



railway lines in Kashmir and demanded Social Impact Assessment for both projects.

The NC MP also stated that projects are in violation of the Land Acquisition Act 2013, which mandates formal public notice and a social impact assessment before starting any project.

During the debate on the Railways (Amendment) Bill 2024 in Parliament, he said that the two railway lines being assessed are from Awantipora to Shopian, which involves Pulwama district, and from Anantnag to Pahalgam.

As per the news agency—Kashmir News Observer (KNO), he said that these assessments were being conducted in these areas without prior notice or any social impact evaluation.

He highlighted the social impact of the projects and said that they would affect approximately 288 hectares of land, much of which is used for horticulture. "A Social Impact Assessment was supposed to be conducted for these projects but that was not done. We also don't know why these projects have been taken up," Mehdi said that once he would come to know the need for these projects, prior notice should be given to the people who would be affected. "A Social Impact Assessment should be conducted as well for both the projects," he said and sought immediate intervention of the Union Railway Minister.

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**Bijbehara-Awantipora Railway Project Threatens Livelihood, Ecology: Iltija Mufti**

KC NEWS NETWORK

SRINAGAR: PDP leader Iltija Mufti Wednesday urged the Jammu and Kashmir administration not to acquire fertile agricultural land for constructing a railway line in the Bijbehara area of Anantnag district. Speaking to reporters, Mufti highlighted the importance of preserving the livelihood of farmers and protecting the valley's fragile ecology.

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**Convert deptt's assets into revenue generating avenues: Cooperative Minister**

KC NEWS NETWORK

JAMMU: Minister for Cooperative, Javid Ahmad Dar, today emphasised revival of cooperative societies across Jammu and Kashmir to strengthen the Cooperative movement in the region.

He exhorted upon all stakeholders to adopt transformative approach towards ensuring vibrancy and efficiency of the Cooperative Department.

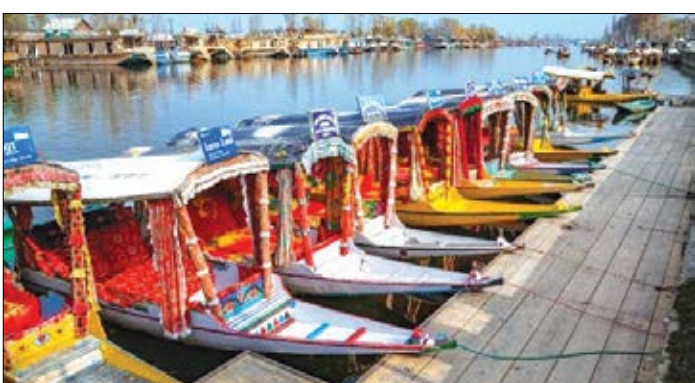
Chairing a comprehensive review

meeting of Cooperative Department at Civil Secretariat, Jammu, the Minister underscored the need to safeguard cooperative assets and convert them into revenue generating avenues to boost region's economy.

Highlighting the significance of the cooperative movement, Javid Ahmad Dar, who also oversees the Agricultural Production Department (APD), Rural De-

velopment & Panchayati Raj and Election Departments, called for renewed efforts to strengthen and expand cooperative societies. He directed for registration of new societies, particularly Primary Agricultural Credit Societies (PACS), in all Gram Panchayats to enhance grassroots participation. Javid Dar stressed making PACS

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## Night Chill Intensifies As Kashmir Records Sub-Zero Temp

● No major activity expected till Dec 15: MeT

Owais Gul

SRINAGAR: Amid the forecast of four-day dry spell in Jammu and Kashmir, the night chill has intensified in the Valley with most of the areas recording the sub-zero temperatures.

As per the details available with the news agency—Kashmir News Observer (KNO), the minimum temperature plummeted further across the Valley with Srinagar, the summer capital of

Jammu and Kashmir recording the second coldest night of the season at minus 2.0 degree Celsius.

Pahalgam, a famous tourist destination, has recorded a low of minus 4.8 degree Celsius while the Meteorological department (MeT) has informed that Qazigund, a gateway of Kashmir, recorded a low of minus 2.2 degree Celsius while Kupwara in north Kashmir

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## NGOs Should Operate With Maximal Accountability: Sakeena Masood Itoo

KC NEWS NETWORK

JAMMU: Minister for Health and Medical Education, Social Welfare and Education, Sakeena Itoo today chaired a meeting to review the performance and functioning of various government-funded NGOs operating in Jammu region.

Commissioner Secretary, Social Welfare department (SWD), Sheetal Nanda; Director Social Welfare Jammu, Rupesh Kumar; Director Finance SWD, other senior officers of SWD, DSWOs of concerned districts, representatives of NGOs like Red Cross Home, SoS Children's Village of India, Balgrana Charitable Home for Destitute Children, Samaj Kalyan Kendra, Louise Braille Memorial Residential School, Ved Mandir, Bhartiya Lok Sangeet Kala Sanasthan, Hari Krishna Food Life Trust, Udhampur, Home for Aged & Infirm, Kathua and Care for You, Poonch attended the meeting.

During the meeting, the Minister took comprehensive assessment of the

impact of these government-funded NGOs on ground and also discussed challenges faced by these NGOs while operating in their respective areas.

The meeting also deliberated on



strategies to enhance collaboration between the government and NGOs to improve the welfare of marginalized sections of society, including old age persons, differently able children, destitute children as well as economically weaker sections and orphan children.

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India-China ties

## De-escalation, management of activities in border areas to be discussed in coming days: Jaishankar

KC NEWS NETWORK

NEW DELHI: Peace and tranquility in border areas is a pre-requisite for the development of bilateral ties with China and the two side will be discussing de-escalation and effective management of activities in these areas in the coming days, External Affairs Minister S Jaishankar said on Wednesday while making a statement on India-China relations in the Rajya Sabha.

A brief uproar was also witnessed following the statement and Opposition MPs walked out of the House after Chairman Jagdeep Dhankhar, disallowed them from seeking some clarifications. Jaishankar, while making a statement



on "Recent Developments in India's Relations with China", also said disengagement has now been achieved in full in eastern Ladakh through a step-by-step process, culminating in Depsang and Demchok. He had earlier made an

identical statement in the Lok Sabha on Tuesday.

Jaishankar, in his statement, said India was and remains very clear that the three key principles must be observed in all circumstances, he said explaining: "one: both sides should strictly respect and observe the Line of Actual Control (LAC), two: neither side should attempt to unilaterally alter the status quo, and three: agreements and understandings reached in the past must be fully abided by in their entirety".

"Our relationship had progressed in many domains, but was obviously negatively affected by recent events. We are clear

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## CJ Inaugurates Lawyers Chambers In Chadoora Court

KC NEWS NETWORK

Superintending Engineer R&B, SDM Chadoora, Executive

public in huge numbers was also present on the occasion.

CHADOORA: Chief Justice High Court of J&K and Ladakh, Justice Tashi Rabstan, today visited the Court Complex Chadoora, Budgam and inaugurated Lawyers chambers.

Justice Sindhu Sharma, Judge High Court of J&K and Ladakh, administrative Judge for District Budgam also graced the occasion virtually from Jammu.

Registrar General High Court of J&K and Ladakh, Shahzad Azeem, Principal District & Sessions Judge Budgam, O.P. Bhaghat, Additional District & Sessions Judge Budgam Yahya Firdous, DC Budgam Akshay Labroo, SSP Budgam,



Engineer R&B Budgam. Sub-Judge Chadoora, Munsiff Chadoora and President and members of Bar Association Chadoora besides

After inaugurating the lawyers chambers, the Chief Justice had

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**TA soldier shot at, injured in Tral**

KC NEWS NETWORK

TRAL: A Territorial Army (TA) Soldier was shot at by the terrorists at Sofigund Aripal area of Tral hamlet in South Kashmir's Pulwama district on Wednesday evening.

A police officer told the news agency—Kashmir News Observer (KNO) that the terrorists opened fire upon a TA soldier outside his residence at Sofigund Aripal.

In the incident, the soldier identified as Delhair Mushtaq, son of Mushtaq Ahmad Sofi of Sofigund Khanagund suffered injuries and was immediately taken to a nearby hospital for treatment. A top police official said that the TA soldier was on leave, adding that he has suffered injury in leg and his condition is stated to be stable.

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# SC To Consider Modifying Orders That Barred HCs From Hearing Coal Block Allocation Cases

**NEW DELHI:** The Supreme Court Wednesday said it would consider pleas seeking modification of its earlier orders that barred high courts from hearing appeals against trial court orders passed in cases related to alleged illegal coal block allocations.

The apex court passed two orders between 2014 and 2017 restricting the accused from approaching the high court and had directed that appeals against trial court proceedings in the coal scam cases could only be filed in the top court.

The intent behind the orders was to expedite trial processes by preventing delays and to stall the proceedings by the accused seeking relief in high courts.

A bench comprising Chief Justice Sanjiv Khanna and Justice Sanjay Kumar was considering pleas that urged it to modify the orders saying the Delhi High Court, being the appellate court, be allowed to deal with the pleas arising out of trial court orders related to coal scam cases.

“Is this the stand of the CBI that everything should come to us?” the CJ asked senior advocate R S Cheema who is conducting trial in CBI cases as a special public prosecutor.



“We also want to have the benefit of Delhi High Court orders passed in these cases,” the bench said.

Senior advocate Mukul Rohatgi, appearing for a litigant, said the high court cannot be restrained from hearing appeals and the pleas seeking discharge in the cases.

Lawyer Prashant Bhushan, appearing for NGO

The top court in 2014 quashed 214 coal blocks allocated by the Centre between 1993 and 2010 after taking note of the PILs and ordered a trial by a special CBI judge.

The bench had directed that any prayer for a stay or to impede the investigation or the trial could only be made before the Supreme Court, effectively barring other courts from entertaining such pleas.

Another bench headed by Justice Abhay Soka had earlier issued a notice to the Enforcement Directorate seeking clarification on whether the bar imposed by its earlier decision – restricting any prayer for a stay or impeding the progress of investigation/ trial in Coal Block Allocation cases to the top court alone – also applies to complaints filed under the Prevention of Money Laundering Act (PMLA).

It was submitted whether the bar outlined in earlier orders needed clarification, particularly whether it extends to cases under the PMLA linked to the coal block allocation scam.

The CBI filed 57 cases in the coal scam. Several consequential money laundering cases were also filed.

## Fadnavis Elected Leader Of Maharashtra BJP Legislature Party; Set To Become CM

**MUMBAI:** Devendra Fadnavis was unanimously elected as the Maharashtra BJP legislature party leader at its meeting here on Wednesday, paving the way for his appointment as the chief minister.



The swearing-in ceremony will be held in Mumbai on Thursday in the presence of Prime Minister Narendra Modi.

Fadnavis' name was finalised for the top post at the BJP's core committee meet held here ahead of the legislature party meeting, sources said.

Bharatiya Janata Party (BJP) leader Sudhir Mungantiwar said leaders of the Mahayuti coalition will meet Governor C P Radhakrishnan at 3.30 pm on Wednesday to stake a claim to form government.

Union minister Nirmala Sitharaman, former Gujarat Chief Minister Vijay Rupani were present at the BJP legislature party meeting held at the Vidhan Bhawan in Mumbai.

The BJP had appointed Sitharaman and Rupani as central observers for the meet.

The BJP achieved remarkable success in the November 20 Maharashtra elections, securing 132 out of the 288 assembly seats in the state, marking its best performance in the state so far.

Together with its allies – the Shiv Sena led by Eknath Shinde and Ajit Pawar's NCP, the BJP-led Mahayuti coalition has a commanding majority of 230 seats.

On Tuesday, Fadnavis met caretaker Chief Minister Eknath Shinde at his official residence, 'Varsha,' here, the first in-person meeting since their discussions in Delhi last week for government formation.

While the hour-long meeting's details remain unclear, some political observers view it as an outreach effort by the BJP to placate an ally which is weighing its options, while others believe it served as a preliminary discussion regarding the swearing-in ceremony set for December 5.

Preparations were on in full swing for the swearing-in ceremony to be held on Thursday at the Azad Maidan in south Mumbai, which will be attended by Prime Minister Narendra Modi, as well as nearly 2,000 VIPs and 40,000 supporters.

Several Union ministers, and 19 chief ministers and deputy CMs of various states are also expected to attend the ceremony.

BJP leader Prasad Lad has said the ceremony will be a “historic moment” for Maharashtra.

“The event will be telecast live across the state wherever LED screens are available,” he said.

There are indications that the distribution of portfolios among the three allies might not be a smooth process.

Sena leaders on Monday said that as per the “convention” of alliance politics, their party should get the home portfolio if the CM post went to the BJP.

A Shiv Sena leader also said a broad consensus has emerged among top BJP leaders and other Mahauti allies to drop ministers facing serious allegations of corruption in the new government.

## ED Arrests Two CAs, Crypto Trader In Rs 640-Cr Cyber Fraud Case

**NEW DELHI:** Two chartered accountants and a cryptocurrency trader have been arrested here in a money laundering investigation linked to a cyber fraud case of Rs 640 crore, the Enforcement Directorate said Wednesday.

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A fourth person, the brother of another “absconding” CA whose farmhouse was raided on November 28 by the federal agency as part of this probe, has been arrested by the police for “attacking” the ED search party in the Bijwasan area of southwest Delhi that day.

The ED had conducted searches at 13 premises in Delhi, Gurugram, Jodhpur, Jhunjhunu, Hyderabad, Pune and Kolkata between November 28 and 30 and seized Rs 47 lakh “unexplained” cash and Rs 1.3 crore worth of cryptocurrencies.

The money laundering probe stems from two FIRs filed by the Economic Offences Wing (EOW) of the Delhi Police that were registered to probe charges of cyber fraud to the tune of Rs 640 crore generated through betting, gambling, part-time jobs and phishing scams, the agency said in a statement.

The money of gullible people was “siphoned off” by layering funds cheated from them through more than 5,000 “mule” Indian bank accounts and

subsequently uploaded on PYYPL, a UAE-based payment platform, the ED said.

Part of the “cyber fraud money” was withdrawn in cash in Dubai through debit and credit cards issued by various Indian banks, it said.

According to the probe agency, the alleged scam was being run through a “nexus” of certain CAs, company secretaries and crypto traders who worked in tandem to launder the proceeds of crime.

Two CAs – Ajay Yadav and Vipin Yadav – and cryptocurrency trader Jitendra Kaswan were arrested during the searches, the ED said.

“A large-scale money-laundering racket operated with the assistance of handlers sitting abroad through a closely held chat group on instant messaging apps. Instructions regarding opening of mule accounts, cash circulation and purchase of crypto are provided on this group account by the handlers,” the probe found.

More than 2,000 documents, as per the agency, showing debit and credit transactions in hundreds of bank accounts and purchase of cryptocurrencies have been recovered and are being analysed.

A fourth person has been arrested by the Delhi Police as part of this investigation.

Radhe Shyam Sharma, brother of “main accused” CA Ashok Kumar Sharma, was taken into custody by the police from a farmhouse in Delhi for “attacking and restricting with force” the ED team from entering the premises.

Some “incriminating” documents, chequebooks, ATM cards, PAN cards, digital signatures and Trust secret phrases used to open secret crypto wallets have also been seized, the ED said.

## Ready To Go Alone To Sambhal With Police But Not Allowed: Rahul Gandhi

**GHAZIABAD (UP):** Leader of Opposition in Lok Sabha Rahul Gandhi, who was stopped at the Ghazipur border here on Wednesday, said he was ready to go alone to Sambhal with police but was not allowed.

The Rae Bareilly MP, his sister Priyanka Gandhi Vadra and other senior Congress leaders reached the Ghazipur border in the morning where heavy police force was deployed and barricades put up to stop them from entering Sambhal. Rahul Gandhi later left for Delhi.

“We are trying to go to Sambhal. Police is refusing, not allowing us. As the leader of opposition in Lok Sabha, it is my right to go... I said that I am ready to go alone, I am ready to go with the police but they did not accept that either,” Rahul Gandhi said.

“Now they are saying that if we come back in a few days, they will let us go. This is actually against the right of the leader of opposition in Lok Sabha. I should be allowed to go,” he told reporters.

Holding up a copy of the Constitution in his hands, Gandhi said the police's decision was against



democracy.

“We want to go to Sambhal and see what happened there. We want to meet the people but I am not being allowed my constitutional right. This is India where attempts are on to end the Constitution. But we will keep fighting,” he added.

Wayanad MP Priyanka Vadra said, “What happened in Sambhal was wrong. Rahul ji is the leader of opposition. He has the constitutional

right. He is different from other people. He cannot be stopped. He has the constitutional right to go

and meet the victims, he should be allowed.”

Curbs under Section 163 (power to issue an order in urgent cases of nuisance or apprehended danger) of the Bharatiya Nagarik Suraksha Sanhita (BNSS), which were set to expire on Sunday, have now been extended till December 31 in Sambhal.

Sambhal District Magistrate Rajendra Pansia on Tuesday wrote a letter to the police commissioners

of Gautam Buddha Nagar and Ghaziabad and the superintendents of police of Amroha and Bulandshahr districts, urging them to stop Rahul Gandhi at the borders of their districts.

“We will not permit Rahul Gandhi to Sambhal as prohibitory orders have been issued by the administration there. Police will stop Gandhi at UP gate,” Ghaziabad Police Commissioner Ajay Kumar Mishra said.

He said ample police force has been deployed at the spot, he said.

Tension had been brewing in Sambhal since November 19,

when a Mughal-era mosque was surveyed on court orders following claims that a Harihar temple previously stood at the site.

Violence erupted during a second survey on November 24 as protesters gathered near Shahi Jama Masjid and clashed with security personnel. Four people were killed in the violence and many more were injured.

## Rakesh Tikait detained by Aligarh Police on way to Greater Noida for farmers' protest

**ALIGARH:** BKU leader Rakesh Tikait was detained by the Aligarh Police on Wednesday while on his way to Greater Noida to participate in a meeting of farmer leaders, a police official said.

The Bharatiya Kisan Union's influential spokesperson and his associates were taken to the Tappal police station in a bus after they were stopped from proceeding on the Yamuna Expressway.

When contacted, an official spokesman of the Aligarh Police confirmed that Tikait had been “detained” but “not arrested”.

Tikait told reporters that the police were preventing farmers from going to Noida in Gautam Buddha Nagar by forcing them to stay in their respective houses.

“How long will you detain us? If you keep us locked, then with whom will you talk?” he said.

He warned that if this approach of the authorities continued, the agitation of the farmers would intensify.

The BKU had on Tuesday convened an emergency meeting at the Kisan Bhawan in Sisauli village of Muzaffarnagar under the leadership of its chief Naresh Tikait and resolved to extend support to the farmers in Noida and Greater Noida who are agitating over the issue of land compensation and other demands.

The BKU had called on its workers and members from western Uttar Pradesh districts to gather at the Zero Point in Greater Noida on Wednesday, according to the union's youth

wing president Anuj Singh.

Meanwhile, hundreds of protesters from villages gathered at the Zero Point in Greater Noida on Wednesday. The villagers have been protesting against the administration and local authorities demanding compensation and other benefits in lieu of their land acquired by the state government in the past.

The Gautam Buddha Nagar police had on Tuesday arrested over a hundred protesters during the agitation. The women and the elderly people who were among those held were released later in the day, police Commissioner Laxmi Singh said.

## Sitharaman Blames `Congress-Led MVA Govt' For Delaying Bullet Train, Metro Car Shed Projects

**MUMBAI:** Union Finance Minister Nirmala Sitharaman on Wednesday accused the past “Congress-led Government” of stalling key infrastructure projects in Maharashtra including the Mumbai-Ahmedabad bullet train and Mumbai Metro car shed in Aarey Colony.

The previous Maha Vikas Aghadi (MVA) Government of the Congress, undivided Nationalist Congress Party and undivided Shiv Sena also created hurdles when the Union Government tried to resolve the issues plaguing Mumbai's suburban railway network, she claimed.

Sitharaman was speaking at a meeting of the state BJP legislature party where Devendra Fadnavis was elected as its leader ahead of the swearing-in of the new BJP-led Government.

Sitharaman, along with Vijay Rupani, was present as a central observer.

“Had the Congress-led Government not been in power

in Maharashtra during the MVA period, the Mumbai-Ahmedabad bullet train would have already commenced,” she said.

Sitharaman also questioned the delay in the Aarey car



shed construction, part of the Mumbai Metro project. The MVA Government had shifted its location after environmental groups opposed its construction in the leafy Aarey Colony area.

She called the results of the November 20 Maharashtra assembly polls as “unprecedented and unexpected,” attributing

the BJP's success to voter dissatisfaction with the earlier “Congress-led MVA Government.”

“The people were tired and concerned about the functioning of the Congress-led coalition.

That is why they have given this clear mandate. We will remind people of the losses incurred during Congress rule,” she said.

A “double-engine Government” (a BJP-led regime in a state working in tandem with the party-led Union Government) under Prime Minister Narendra Modi's leadership would fulfil

the promises made during the campaign and take Maharashtra towards speedy development, Sitharaman said.

She referred to key central government initiatives for the state, such as the Rs 76,000 crore Vadnavan port project and recognition of Marathi as a classical language. “Mumbai is the financial capital of the country and plays a pivotal role in economic progress, including the fintech sector. With our efforts, Maharashtra's leadership in this field will remain intact,” she said.

The Finance Minister also outlined plans to boost agricultural infrastructure in north Maharashtra's Nashik region, with investments in new godowns and scientific packaging units for crops such as onion, garlic and grapes. Projects like the Warkari corridor between Pune and the pilgrimage town of Pandharpur reflect how much Maharashtra and its culture mean to the Prime Minister, she said.

## ‘Tribunal can’t outsource opinion, base decision on it’: SC rejects NGT order

**NEW DELHI:** A tribunal has to arrive at its decision by considering all facts and circumstances, and cannot outsource an opinion and base its order on it, the Supreme Court has said and rejected an NGT order.

While hearing the appeals challenging a April 2021 order of the National Green Tribunal (NGT), a bench of Justices B R Gavai and K V Viswanathan said the tribunal committed a “glaring error” as it based its decision only on the basis of the report of a joint committee.

“A tribunal is required to arrive at its decision by fully considering the facts and circumstances of the case before it. It cannot outsource an opinion and base its decision on such an opinion,” the bench outlined.

The apex court therefore set aside the NGT's order, which had held a firm guilty of violating the Environment Protection Act norms and imposed a penalty on it.

The top court observed the NGT initially directed the firm's plant to be examined by the state pollution control board, which gave its findings and then the tribunal appointed a joint committee, on whose recommendations it acted and passed the order.

“Another glaring error that has been committed by the NGT is that it has based its decision only on the basis of the report of the joint committee. The NGT is a tribunal constituted under the National Green Tribunal Act of 2010,” said the bench in its November 27 verdict.

While observing the material on record,



the top court noted the firm was neither made a party to the proceedings before the NGT nor before the joint committee, and when it filed an application for impleadment, the tribunal rejected it. “It further appears that even the joint committee appointed by the NGT neither gave any notice to the appellant nor an opportunity was given of being heard,” observed the bench.

## Monkey hugs Tharoor, dozes off on his lap in heartwarming encounter

**NEW DELHI:** Shashi Tharoor on Wednesday shared an “extraordinary experience” at his home when a monkey ran towards him, hugged him and after being treated to a couple of bananas, rest his head on the Congress MP's chest and dozed off.

Tharoor put out pictures from this unusual encounter on X and went on to narrate the incident that left many users of the platform bemused.

“Had an extraordinary experience today. While I was sitting in the garden, reading my morning newspapers, a monkey wandered in, headed straight for me and parked himself on my lap. He hungrily ate a couple of bananas we offered him, hugged me and proceeded to rest his head on my chest and dozed off,” the Congress leader said on X.

“I gently began to get up, he leapt off and loped away,” Tharoor added.

He said reverence for wildlife is ingrained in him and though he was a bit concerned about the risk of a monkey-bite which would have necessitated rabies shots, he stayed calm and welcomed his presence as non-threatening.



## Block Diwas: DC Bandipora presides over Mega Public Outreach Program at Aragam

**BANDIPORA:** To bring governance and administrative services closer to the people, Deputy Commissioner (DC) Bandipora, Manzoor Ahmad Qadri Wednesday presided over a Mega Public Outreach Program at Aragam,



Bandipora. The initiative aims to ensure that residents have easy access to government resources and support within their communities. The event served as a platform for residents to engage directly with district officials, highlighting their concerns and seeking resolutions. A wide range of issues were discussed during the program, covering key sectors

## J&K Government Reconstitutes Committee for Pilot Recruitment

MARIUM FAYAZ

**SRINAGAR:** The Jammu and Kashmir Government reconstituted a 7-member committee to oversee the appointment of new pilots and the extension of services for existing ones.

In a Government Order No. 2021-JK(GAD) of 2024 issued by General Administration Department (GAD), a copy of which is with Kashmir Con- venger, sanction has been accorded to the re-constitution of the Committee for examining/recommending appointment of new Pilots and extension in services of Pilots.

The seven-member committee shall be headed by Administrative Secretary, Civil Aviation Department and Administrative Officer Civil Aviation Commissioner as secretary while Director General (Codes), Finance Department, Director Finance, Civil Aviation Department, Representative from General Administration Department (not below the rank of Additional Secretary), Additional Secretary, Civil Aviation Department and Ac- countable Manager, Civil Aviation Department as its members.

The committee has been tasked formulating eligibility requirements and qualifications for pilot and co-pilot recruitment, with approval from the Chief Minister.

The committee shall also define terms and conditions of service, including salaries, in consultation with the Finance Department, Advertise vacancies in prominent newspapers, including two national dailies, to ensure a wide reach, Establish a transparent selection process, subject to the Chief Minister's approval and Complete the selection process and recommending candidates in a time-bound manner..

## Sainik School Nagrota Unveils 'Lakshya' NDA Training Cell on Indian Navy Day



**Nagrota:** Sainik School Nagrota celebrated Indian Navy Day with the inauguration of new facilities aimed at enhancing its infrastructure and training capabilities.

Maj Gen Shailendra Singh, SM, Chief of Staff Headquarters 16 Corps and Chairman, Local Board of Administration, presided over the event, which marked a significant milestone in the institution's history.

The day commenced with Maj Gen Singh paying tribute to fallen heroes at the Shaurya Smarak, followed by the inauguration of the 'Lakshya' NDA Training Cell. This state-of-the-art facility is designed to prepare cadets for

## JKSA to Protest Against Reservation Policy at Jantar Mantar

**NEW DELHI:** The Jammu and Kashmir Students Association (JKSA) on Wednes- day announced that it will hold a peace- ful sit-in protest at Jantar Mantar in New

Kashmir are heard and valued in the na- tional discourse. We seek a system that upholds justice and provides equal op- portunities for all," he added.



Delhi on 14th December 2024 to demand the reversal of the new reservation poli- cy.

In a statement issued to Kashmir Con- venger, National Convener Nasir Khuehami said the protest aims to highlight the injustices of the current reservation policy, which undermines the principles of equality and fairness for the youth of Jammu and Kashmir.

"This is a call for collective action to ensure that the voices of Jammu and

Khuehami further stated that the Delhi Police and Delhi Government have officially granted permission for the JKSA to hold the peaceful sit-in protest. Origin- ally scheduled for 5th December 2024, the protest was rescheduled to 14th De- cember due to unforeseen circumstances and delays in obtaining the necessary clearances.

"We stand united in seeking merit- based opportunities, where individual achievements are recognized, and candi-

dates are assessed fairly based on their skills, merit, abilities, and dedication," Khuehami emphasized. He urged students, aspirants, civil society members, and concerned citizens to join the protest in Delhi on 14th December to ensure that their collective voices are heard and ad- dressed at the highest levels of governance.

The Association emphasized that the sit-in protest is intended to draw Parlia- ment's attention to the grievances of Jammu and Kashmir's youth, urging law- makers to address these concerns. "Let our voices be heard and respected in Delhi, just like the rest of India. Our pro- test aims to bring this issue to Parliament and ensure that Jammu and Kashmir's youth are heard," Khuehami stressed.

He clarified, "We are not against res- ervations, but we demand fairness and balance. Our goal is to create a fair, balanced system that supports those in need and ensures deserving candidates have op- portunities." He also advocated for pro- portional representation based on popu- lation, proposing a more equitable dis- tribution of opportunities that reflects Jammu and Kashmir's demographics.

## GCW Parade Concludes Chhau Workshop, Launches Innovative Initiatives

**JAMMU:** The week-long Chhau work- shop, organized by the Government Col- lege for Women (GCW), Parade Ground, in col- laboration with Rangyug and the J&K Academy of Art, Culture & Languages (JKAACL), concluded today with a vibrant va- lictory ceremony.

Dr. Rashmi Singh, Commissioner Sec- retary for Higher Education was the chief guest on the occasion while Dr. Sheikh Ajaz Bashir, Director of Colleges, was the guest of honor.

Highlighting the integration of cul- tural heritage with academic progress, Dr. Singh commended the college for aligning with the National Education Policy (NEP) 2020.

She praised the workshop as a success- ful blend of education and culture and spotlighted the college's new skill-based theatre course designed to enhance students' academic and practical capabilities. The Commissioner Secretary also appreciated the innovative "Design Your Degree" (DYD) initiative by GCW Parade, enabling students to customize their academic pursuits in line with career goals.

Participants from various colleges across Jammu showcased their newly acquired Chhau techniques in a demonstration-cum- performance under the guidance of re-

nowned classical drama expert Bhumikesh- war Singh and Chhau exponent Rudri Singh. The performance, characterized by its

role in fostering cultural appreciation and personal growth.

The event also saw the release of a



precision and expressiveness, was met with applause and served as a testament to the workshop's transformative potential.

Principal Dr. Ravender Kumar Tickoo highlighted the importance of integrating performing arts into academics as part of the college's Skill Development Program. Dr. Alpna Vohra, Convener of the Skill Development Cell, provided an overview of the workshop's impact, emphasizing its

newsletter on the DYD initiative, further underscoring the institution's commitment to innovation in education.

Prominent attendees included Dr. S.P. Saraswat, Nodal Principal of PSPS GCW Gandhi Nagar, Deepak Kumar, Director Rangyug, Padma Shri awardee Rajinder Tickoo, retired judge Suresh Kumar Sharma, and Dr. Lalit Gupta, art historian, among others.

## Jammu and Kashmir Successfully Completes Rashtriya Sarvekshan 2024

**JAMMU:** Jammu and Kashmir achieved a significant milestone with the successful completion of Rash- triya Sarvekshan 2024, an extensive educational survey involving students from Grades 3, 6, and 9 across 2,099 sampled schools in the Union Ter- ritory (UT).

Formerly known as the National Achievement Survey (NAS), this flag- ship initiative aligns with the Na- tional Education Policy (NEP) 2020, aiming to evaluate and enhance educational quality. Under the lead- ership of Lieutenant Governor Manoj Sinha, the government remains com- mitted to elevating J&K's educa- tional standards to national bench- marks.

The survey's success is attrib- uted to the leadership of Education Minister Ms. Sakeena Masood Itoo, who spearheaded the preparations by convening meetings with school education officers, district commis- sioners, and SSPs to ensure its smooth execution. Principal Secretary of the School Education Department, Suresh Kumar Gupta, played a pivotal role by providing strategic oversight and coordination.

Director SCERT J&K, Prof. (Dr.) Parikshat Singh Manhas, oversaw the survey's implementation, ensuring adherence to Ministry of Education

guidelines and visiting centers in Jammu to review arrangements. Speak- ing during his visit, he emphasized,



"This survey is about understanding the strengths and challenges of our education system and driving its im- provement."

Rashtriya Sarvekshan, conducted every three years, evaluates student performance, compares outcomes across groups, and informs policy reforms to enhance the education system. The insights from the 2024 edition are expected to guide strate- gic interventions to improve edu- cational standards across Jammu and Kashmir.

## Bandipora Police Calls for Restraint in Posting Police Videos Without Permission



**BANDIPORA:** Bandipora Police on Wednesday calls for restraint in posting videos and pictures of police activities of or police officers without proper permission.

Senior Superintendent of Police (SSP) Bandipora Harmeet Singh Mehta issued an appeal to the media fraternity and the general public, requesting restraint in sharing or posting videos involving Bandipora

Police or its officers on social media platforms without prior permission.

In a social media post, SSP emphasized that the police department ensures regular updates through its official social media handles, includ- ing a weekly bulletin featuring content deemed significant for public awareness. "Any material of public importance will be shared officially through these channels".

The appeal also underlined the importance of journalistic responsibil- ity, urging reporters to rely solely on official statements, interviews, or information provided by the police. The SSP reiterated that posting unau- thorized videos of police visits or activities can lead to unnecessary specu- lation and is discouraged.

## Fourth Batch of Agniveers Attested at JAKLI Regimental Centre

**SRINAGAR:** The Jammu and Kashmir Light Infantry (JAK LI) Regimen- tal Centre conducted the attestation parade for its fourth batch of Agniveers on December Tuesday.

Defence spokesperson in Srinagar told Kashmir Convener that a total of 99 Agniveers, who completed rigorous 31-week training, were attested in an im- pressive ceremony.



The training, which began on May 1, 2024, aimed to prepare the recruits as battle-ready sol- diers through demanding physical and mental conditioning. The curricu- lum also instilled military ethos, regimental discipline, camaraderie, and a sense of responsibility as disciplined soldiers and citizens.

The ceremony commenced with the Rashtriya Salute to the National Flag, followed by the marching-in and oath-taking parade. As a gesture of appreciation, proud parents of the Agniveers were honored with the 'Gaurav Padak' for their contribution to the nation.

The event highlighted the dedication and resilience of these young soldiers, ready to serve the country with honor and commitment.

## JK Police Distributes Computers, Laboratory Equipment to Schools in North Kashmir

**Srinagar:** As part of its ongoing commitment in fostering education, addressing developmental needs and bridging the digital divide, Range Police Headquarters Baramulla distributed ten (10) computers and various laboratory equipment to different schools under the Civic Action Programme (CAP) 2023-24 across North Kashmir Range.

An official spokesperson said the event, held at Police Public School Baramulla was attended by key dignitaries, including DIG NKR Baramulla Maqsood-ul-Zaman, and representatives from schools and the commu- nity.

These schools include Madrasa Jamia Hidayatul Banat Kralhar, Muslim Model School Watpora Bandipora, Faiz-e-Aam Secondary School Bandi- pora, Gousia Educational Trust Old Town Baramulla, Police Public School Baramulla, Iqra Educational Institute Khumriyal Kupwara, Fatima Zohra Educational Institute Gouse Kupwara, Ameen Memorial Educational In- stitute Dangiawacha Rafiabad, Rahmat-ul-Alam Educational Trust Seelo Sopore and Child Care School Handwara.

In his address, DIG NKR Baramulla emphasized the importance of equipping young learners with digital tools & well-equipped laboratories. He expressed that this initiative is not just about providing equipment, it is about empowering our students, enriching their learning experiences, and preparing them for a future driven by technology.

While interacting with students DIG NKR Baramulla, Maqsood-ul- Zaman- (IPS) advised the students to dream big, using the resources wisely, exploring new ideas, gaining new skills, and always stay curious for gaining knowledge.

The initiative aims to improve computer literacy, enhance e-learning capabilities, do experimentations and provide students with access to online educational resources. The representatives of the beneficiary schools, expressed gratitude on behalf of the students and staff, emphasizing how this support will enhance their teaching and learning experience.





## E-Shram Card

Over 30.42 crore unorganised workers have registered on the eShram portal, an initiative by the Government of India designed to support the unorganised workforce. To expand the range of benefits, the eShram portal has been integrated with several government schemes, enabling workers to access a variety of social security services. One of the key features of eShram is its integration with the National Career Service (NCS) Portal, allowing unorganised workers to register using their Universal Account Number (UAN) and search for job opportunities. Additionally, eShram is linked to the Pradhan Mantri Shram Yogi Maandhan (PM-SYM) pension scheme, which offers a monthly pension of ₹3,000 to workers aged 18-40. The government contributes 50% of the scheme's funding, making it an affordable option for workers. Moreover, eShram's integration with the Skill India Digital Portal provides unorganised workers with access to skill development and apprenticeship opportunities, enhancing their employability. In addition to these services, eShram is connected to the myScheme portal, which helps workers discover and access various government schemes based on their eligibility. On October 21, 2024, the Ministry of Labour and Employment launched eShram as a One-Stop-Solution for unorganised labour, aligning with the recent budget announcements. This new platform centralises multiple social security schemes, allowing workers to access all the benefits they are entitled to through a single portal. Currently, 12 central schemes are integrated, including Pradhan Mantri Suraksha Bima Yojana (PMSBY), Pradhan Mantri Jeevan Jyoti Bima Yojana (PMJJBY), Ayushman Bharat, and PM Awas Yojana, among others. This integration of various welfare schemes through eShram is a significant step toward providing unorganised workers with easier access to government services and financial security, reinforcing the government's commitment to their well-being.



Aubaid Ahmad Akhooon

Women are the architects of society, the nurturers of life, and the silent strength behind every great achievement. Their influence is woven into the fabric of civilization, from raising leaders to shaping communities. Allama Iqbal, the great philosopher-poet, beautifully encapsulates the essence of womanhood in his poetry:

**"Wujood-e-zan se hai tasveer-e-kainaat mein rang  
Isi ke saaz se hai zindagi ka soz-e-daroon  
Sharf mein barh ke surayya se mush-t-e-khaak iski**

**Ke har sharf hai isi darj ka dar-e-maknoon  
Mukalmaat-e-Falatun na likh saki lekin  
Isi ke sholay se toota sharar-e-Falatun"**  
The existence of a woman adds color to the canvas of the universe.

She is akin to a melody whose tunes infuse inner warmth into life.

Though made from dust, she surpasses the stars in honor,

For every grace and nobility lies hidden within her essence.

Though she did not write Plato's Dialogues, It was her spark that kindled the genius of Plato.

In these profound lines, Iqbal celebrates the indispensable role of women. He emphasizes that a woman is not only a source of life's inner energy but also a beacon of grace and honor. While she may not have written historical masterpieces, her influence resonates through her contribution to the greatness of others. A mother's nurturing care, a wife's unwavering support, and a daughter's joy bring balance and purpose to life.

Empowerment Through Faith : Iqbal's poetry calls upon women to recognize their potential while remaining rooted in faith. Women who adhere to the divine guidelines provided by Islam can excel in all spheres of life—be it education, family, or profession—without compromising their dignity and values.

Islamic teachings are renowned for their profound wisdom, addressing not only spiritual needs but also biological, emotional, and social well-being. One such directive is the rule permitting a woman only one marital relationship at a time. While rooted in divine guidance, this principle has found fascinating support in modern science, proving the depth and foresight of Islamic commandments.

A Scientific Revelation Sparks Faith : A compelling case involves a Jewish embryologist and theologian who embraced Islam after discovering the profound wisdom behind the Islamic injunction of iddah (waiting period). The Qur'an instructs divorced women:

"And divorced women shall wait [as regards their marriage] for three menstrual cycles." (Al-Baqarah 2:228)

This seemingly simple command carries a wealth of biological significance. Intrigued by its implications, the scientist delved deeper,

## Women's Role in Humanity: Insights from Faith, Science, and Iqbal's Wisdom

uncovering groundbreaking insights about DNA retention and its impact on women's health.

The Wisdom of the Waiting Period :When a woman is in a marital relationship, her body absorbs genetic material from her partner, including proteins and DNA found in seminal fluid. Research reveals that this genetic material

of the previous partner's DNA is cleared. Ø By the second cycle, 67–72% is eliminated.

Ø By the third cycle, 99.9% of the DNA is removed, leaving the body free from residual traces and ready for a new relationship.

This natural purification ensures that the



can linger in the body for a considerable time. If a woman remarries or engages in relations with another man too soon after a divorce or her husband's death, the mixing of DNA from multiple partners can lead to:

Ø Biological conflicts in her reproductive system.

Ø Increased susceptibility to infections and illnesses.

Ø Complications in future pregnancies. Studies show that the waiting period prescribed in Islam aligns perfectly with the natural cleansing process of the female body:

Ø After the first menstrual cycle, 32-35%

woman's reproductive system is biologically prepared, safeguarding her health and well-being.

### A Comparative Study

The biological impact of multiple relationships was further validated through an American study comparing two communities:

African Muslim women, who typically have one spouse, were found to have DNA in their offspring matching a single partner.

Non-Muslim women, who often engaged in multiple relationships, showed traces of DNA from several partners in their bodies.

This stark difference highlighted the health risks and societal challenges stemming from casual relationships or polyandry, further

reinforcing the wisdom of Islamic teachings.

### The Case of Widows: Healing Through Extended Patience

In the case of widows, the Qur'an prescribes a slightly longer waiting period:

"And those of you who die and leave behind wives should keep themselves in waiting for four months and ten days." (Al-Baqarah 2:234)

This additional time accounts for emotional and psychological healing. Grief can slow down the body's natural cleansing process, necessitating a longer period for the widow to regain physical and emotional equilibrium.

The Impact of Multiple Relationships : One striking anecdote from the Jewish scientist's research involved testing the DNA profiles in his own family. Shockingly, his wife's blood revealed traces of DNA from three different men, indicating infidelity. This discovery shattered his trust and prompted him to explore Islamic teachings. He later embraced Islam, recognizing its unmatched wisdom in safeguarding family sanctity, women's purity, and societal harmony.

A Divine Framework for Human Harmony : The prohibition of multiple simultaneous marriages for women isn't merely a restriction; it's a protection. It safeguards women from health risks, emotional turmoil, and social stigma while fostering trust, loyalty, and stability within families. By ensuring that women have exclusive marital bonds, Islam upholds the integrity of relationships and strengthens the moral fabric of society.

A Testament to Divine Wisdom: The alignment of scientific discoveries with Islamic teachings serves as a powerful reminder of the Creator's infinite knowledge. Commands that seemed purely spiritual centuries ago now reveal intricate layers of biological and social wisdom.

Islam's guidance is not just about rules—it's about harmony. It nurtures individuals, strengthens families, and builds societies on a foundation of respect, purity, and trust. The principle of one marriage for women is a shining example of this divine balance, where faith and science come together to affirm the perfection of Allah's plan.

By adhering to these timeless teachings, humanity finds not just guidance but also protection, peace, and a path toward holistic well-being.

Women are the vibrant hues of life's canvas, the melody that brings harmony to the universe. By embracing the values and guidance provided by Islam, women can continue to shape a world that reflects beauty, wisdom, and purpose.

Let us celebrate the essence of womanhood and strive to create a society where women are empowered through faith, wisdom, and dignity. Their influence, as Iqbal beautifully conveys, is the spark that ignites the brilliance of civilizations.

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## A decade of service and empowerment for the Divyangjan

### PM Narendra Modi

Today, the 3rd of December, is a very important day. Today, we mark the International Day of Persons with Disabilities. This is a day to salute the courage, determination and achievements of persons with disabilities.

For India, this day is sacred. Respect for Divyangjan is deeply embedded in our cultural ethos. Our scriptures and ancient texts teach us to respect everyone and their innate potential.

A verse from the Ramayana states:

उत्साहो बलवानार्यः नास्त्युत्साहात्परं बलम्।  
सोत्साहस्यास्ति लोकेऽस्मिन् न किञ्चिदपि दुर्लभम्।

It means that for those with determination and zeal, nothing in the world is impossible. Today, our Divyangjan exemplify this spirit, becoming a source of strength and pride for the nation.

This year, the occasion is even more special as we celebrate 75 years of the Constitution. Our Constitution inspires us to work for equality and to reach the person at the last mile.

Inspired by the values enshrined in our Constitution, we have laid a strong foundation for the progress of Divyangjan over the past 10 years. In this period, numerous policies have been formulated, and several significant decisions have been taken for their welfare.

These decisions illustrate that our government is guided by the values of inclusion, sensitivity and commitment to all-round development. In this spirit, today serves as an occasion to reaffirm our dedication to the well-being of our Divyang brothers and sisters.

Since my early days in public life, I have always strived to make the lives of Divyangjan easier. After becoming Prime Minister, I have worked to

transform this spirit of service into a national mission. One of our first actions in 2014 was to replace the term "Viklang" with "Divyang". This was not



merely a change in terminology; it ensured their dignity and recognised their contributions. This decision sent a clear message that the government envisions an inclusive environment where physical challenges do not become barriers, and every individual is given the respect and opportunities they deserve to contribute to nation-building according to their talents. On various occasions, my Divyang brothers and sisters have blessed me for this decision. Their blessings have become my greatest strength in working towards their welfare.

Every year, numerous programs are organised across the country to mark Divyang Diwas. I still vividly remember that nine years ago, on this very day, we launched the Sugamya Bharat

Abhiyan. Over the years, the way this initiative has empowered Divyangjan fills me with immense satisfaction. Powered by the resolve of 140 crore



Indians, this initiative has paved the way for a more inclusive India.

The policies of previous governments often left Divyangjan lagging in accessing opportunities for government jobs and higher education. We changed that scenario. Reservation policies were reformed and over the past 10 years, the expenditure on the welfare of Divyangjan has been tripled, reflecting our deep commitment to addressing their needs and unlocking new opportunities.

These decisions have opened new pathways of opportunity and progress for Divyangjan. Today, our Divyang companions are proudly contributing as dedicated partners in nation-building.

I have personally witnessed the immense po-

tential of young Divyangjan in India. The honour our athletes have brought to the nation in the Paralympics reflects this incredible energy. To channel

this energy into driving the nation's progress, we have connected our Divyang friends with skill development programs, aiding their potential to contribute meaningfully to India's growth.

These training programs are not merely government initiatives. They have boosted the confidence of our Divyangjan and empowered them with the spirit of self-reliance to seek employment and build their lives with dignity.

The core principle of our government is to ensure that the lives of my Divyang brothers and sisters are easier, more convenient, and dignified. It was with this spirit that we implemented the Persons with Disabilities Act. This historic legislation expanded the definition of disability

from 7 to 21 categories. For the first time, acid attack survivors were also included under its ambit. Today, this law is serving as a powerful tool for empowering Divyangjan to lead more self-reliant and empowered lives.

These laws have also transformed societal perceptions of Divyangjan. Today, our Divyang brothers and sisters are fully contributing to the development of a prosperous India.

Indian philosophy teaches us that every individual in society possesses unique talents; we only need to bring them to light. I have always believed in the remarkable abilities of my Divyang friends, and I say with immense pride that over the past decade, my faith in them has only deepened. It fills me with great joy to see how their achievements are reshaping our society's aspirations and giving it a new direction.

When our athletes, adorned with Paralympic medals, visit my home, my heart swells with pride. Every time I share the inspiring stories of my Divyang brothers and sisters during Mann Ki Baat, I am overwhelmed with joy. Whether it is education, sports, or startups, they are breaking barriers, reaching new heights, and actively contributing to the nation's development.

I firmly believe that when we celebrate 100 years of independence in 2047, our Divyangjan will stand as a source of inspiration for the entire world. Let us resolve today to work toward this goal.

Together, let us create a society where no dream is too big and no goal is out of reach. Only then can we truly build an inclusive and developed India. I see a crucial role for my Divyang brothers and sisters in achieving this vision.

Once again, I extend my best wishes to all Divyangjan on this special day.

(PIB)



# Chief Justice visits Chadoora, inaugurates Lawyers chambers in Chadoora court

CHADOORA, DECEMBER 4: Chief Justice High Court of J&K and Ladakh, Justice Tashi Rabstan, today visited the Court Complex Chadoora, Budgam and inaugurated Lawyers chambers.

Justice Sindhu Sharma, Judge High Court of J&K and Ladakh, administrative Judge for District Budgam also graced the occasion virtually from Jammu.

Registrar General High Court of J&K and Ladakh, Shahzad Azeem, Principal District & Sessions Judge Budgam, O.P Bhaghat, Additional District & Sessions Judge Budgam Yahya Firdous, DC Budgam Akshay Labroo, SSP Budgam, Superintending Engineer R&B, SDM Chadoora, Executive Engineer R&B Budgam, Sub-Judge Chadoora, Munsiff Chadoora and President and members of Bar Association Chadoora besides public in huge



numbers was also present on the occasion. After inaugurating the

lawyers chambers, the Chief Justice had an interaction with the lawyers and the public.

During the interaction, the Chief Justice took stock of grievances of the lawyers and the public as well. He issued on the spot instructions to the concerned for redressal of the same.

Justice Tashi Rabstan gave one week's time to the Superintending Engineer and Executive Engineer R&B Budgam to complete construction of the court building and the pathway leading to the court and the chambers.

The Chief Justice also interacted with the judicial officers at Chadoora and heard their grievances. He directed them to ensure timely justice to the litigants and stressed upon the need to dispose off the old cases on priority basis.

# CEO, SSCL reviews IT-Based Parking Management to enhance Public Convenience

SRINAGAR, DECEMBER 04: The CEO, Srinagar Smart City Limited (SSCL) chaired a detailed review of the ongoing IT-based parking system on Wednesday at the SMC headquarters.

During the meeting, the CEO stressed the need to optimize both parking and no-parking zones to facilitate smoother traffic flow and enhance accessibility for residents and visitors. This initiative aims to reduce congestion and create a more organized parking experience throughout the city.

A key directive from the CEO was the implementation of real-time display boards at off-street parking facilities. These boards will provide live updates on parking availability, enabling drivers to make informed decisions and minimizing the time spent searching for parking spaces.

Additionally, the CEO underscored the importance of conducting public outreach activities and Information,

Education, and Communication (IEC) events.

These efforts are designed to educate the community about proper parking practices and address the challenges posed by improper parking, which can obstruct traffic and pose safety risks.



# STD's Central Enforcement Team realizes penalty of Rs. 1.41 crore for GST violations

SRINAGAR, DECEMBER 04: In a significant achievement to put curbs on tax defaulters, the Central Enforcement Wing of State Taxes Department Kashmir has imposed penalties worth Rs. 1.41 crore against tax violations in the ongoing financial year 2024-2025 in the UT.

The tax impositions have witnessed 27% increase compared to previous financial year 2023-2024 from April to November, with the penalties this fiscal year been realized from erring traders transporting goods in contravention of GST Act and Rules.

Significant increase has been witnessed especially since September 2024. The September 2024 witnessed increase of 50% while as October and November 2024 witnessed increase of 113% and 24% respectively compared to the previous financial year.

The enforcement drives organised under the supervision of Commissioner State Taxes, P K Bhat were led by Deputy Commissioner State Taxes

Enforcement Central Kashmir, Waseem Raja.

The Enforcement team deployed at Srinagar airport led by STO achieved significant milestone by realizing



the drive against tax violations will be intensified to achieve further deterrence.

Round the clock enforcement activities are conducted by three different teams of Central Enforcement Kashmir in three central Kashmir districts, namely Srinagar, Ganderbal and Budgam under the supervision of state Taxes officers supported by other field staff including inspectors, sub inspectors and Guards.

huge penalties against tax defaulters. The high risk commodities such as metal, scrap, Cement, Marble, Plywood, Timber, TMT bars were targeted during the drives.

In round the clock enforcement activities conducted across the three districts of central Kashmir over three lakh e-way bills were verified which shows the increase of 27% compared to previous financial year 2023-2024 from April to November.

# DG Rural Sanitation inaugurates Cricket League to promote cleanliness, public awareness

JAMMU, DECEMBER 04: The Directorate of Rural Sanitation, Jammu & Kashmir, in collaboration with 92.7 Big FM, on Wednesday inaugurated the much-awaited Big FM Cricket League 2024 at the Jammu Sports Club, Tawa. The event, aimed at promoting sustainable sanitation and fostering community engagement, witnessed a grand opening led by Anoo Malhotra, the Director General Rural Sanitation, J&K.

The event commenced with a Swachhata Pledge, where players, officials, and the audience united to reaffirm their commitment to a cleaner and greener Jammu and Kashmir. Speaking at the occasion, the DG emphasized the role of sports in uniting communities and spreading awareness about critical issues like sanitation.

In a significant announcement, RJ Juhie from 92.7 Big FM was officially nominated as the Swachhata

Ambassador for the SBM-G campaign in J&K. She will work closely with the Directorate of Rural Sanitation

partnerships in addressing pressing social and environmental challenges. Opening match was played



to amplify messages on cleanliness, hygiene, and sustainable practices through her radio platform, leveraging her popularity to inspire widespread participation.

The cricket league is expected to attract large crowds and serve as an innovative platform to engage citizens, especially youth, in the sanitation movement. The collaboration between the Directorate of Rural Sanitation and 92.7 Big FM underscored the importance of

between Swachhata Strikers vs Jal Shakti Warriors.

The DG expressed gratitude to all stakeholders, including the participants, spectators, and media partners, for their support in making this initiative a step toward achieving the Swachh Bharat Mission Grameen goals.

The event will continue over the coming days, with interactive activities and awareness drives planned alongside the matches.

# DLIC approves 51 cases under Mission Youth schemes in Kulgam

KULGAM, DECEMBER 04: A District Level Implementation Committee (DLIC) meeting was today convened under the aegis of Mission Youth J&K's Mumkin, Tejaswini and Spurring Entrepreneurship Initiative schemes, here.

The meeting, presided over by District Development Commissioner (DDC) Kulgam, Athar Aamir Khan was held in the Meeting Hall of Mini Secretariat Kulgam.

At the outset of the meeting, a comprehensive review of the progress under Mission Youth schemes was held by the chair. The Nodal Officer for Mission Youth self-employment schemes presented/placed 26 new cases under Mumkin, 10 cases under Tejaswini and 15 cases under Spurring Entrepreneurship Initiative schemes respectively before the DLIC for approval.

The committee members scrutinized all the files and interviews were conducted under the Spurring Entrepreneurship Initiative as per the standing norms of the Scheme. The Committee approved all 26 cases under the Mumkin scheme, 10 cases under Tejaswini scheme and 15 cases under the Spurring Entrepreneurship Initiative. Further, approval was also accorded to change of vehicle variant in favour of one prospective beneficiary under Mumkin Scheme. During the meeting's deliberations, it was impressed upon Cluster Head JK Bank Kulgam to get all cases lying pending with different bank branches for pre-checks, sanctioning and disbursement cleared at an earliest and provide a detailed report regarding the same to the Nodal Officer Mission Youth, Kulgam within one week positively.

The meeting was attended by Additional District Development Commissioner, Chief Planning Officer, General Manager DIC, District Statistics & Evaluation Officer, Lead District Manager, Assistant Director Employment, Assistant Regional Transport Officer, DNO JKEDI, District Coordinator NRLM, Career Counseling Officer & Employment officer, District Employment & Counselling Centre Kulgam.

# DC Shopian stresses on time bound delivery of Revenue services

SHOPIAN, DECEMBER 04: A meeting of revenue officers and officials was held today at Mini Secretariat Shopian to review the provision of revenue services and the verification of digitized records in the district.

The meeting was chaired by Deputy Commissioner (DC) Shopian, Mohammad Shahid Saleem Dar and attended by ADC, Dr. Zakir Hussain Faaz, ACR, Tehsildars and other officials of the revenue department along with DIO Shopian. ACR Shopian at the outset detailed the status of online services being provided to the people through Revenue VFS Portal, and other issues being faced during the verification process of the digitized records.

# DC Gbl presides over Grievance Redressal Camp at Hariganiwan

GANDERBAL, DECEMBER 04: The Deputy Commissioner (DC) Ganderbal, Shyambir, today presided over a Public Grievance Redressal Camp as part of the weekly Block Diwas program at Higher Secondary School Hariganiwan.

The camp saw active participation from local residents of Block Gund and the District Development Council (DDC) member, who presented a range of issues and demands from their respective areas.

The participants raised concerns regarding the upgradation of the Surfraw school building, establishment of Fire & Emergency Service at Gund, Degree College in Kangan Subdivision, construction of a boundary wall for MS Gund, improved facilities at the Primary Health Centre, and protective bunds along Sindh Nallah.

The DDC member from Gund highlighted additional concerns, including the geo-tagging of PMAY cases, drainage services in the main market, removal of road encroachments, and staff shortages in schools across the Hariganiwan zone.

The DC gave a patient hearing to all grievances and assured the attendees of timely and effective resolutions.

He reaffirmed the district administration's commitment to transparency, accountability, and prompt public service delivery. He instructed the concerned departments to submit a detailed report on the issues raised at the earliest.

The DC directed the KPDCL to strictly adhere to the power supply schedule and replace damaged poles and wires without delay, ensuring uninterrupted power during winters.

SDM Kangan was instructed to compile a list of schools lacking boundary walls or washrooms,

Horticulture Department. These camps will also address Aadhaar updates for children aged 0-5



so proposals can be framed to address these gaps.

To achieve 100% coverage under the Kisan Credit Card (KCC) scheme, the DC directed the SDM Kangan to organize registration camps in collaboration with the

years and e-KYC for ration cards.

Regarding the geo-tagging of PMAY cases, the Block Development Officer informed that all approved cases have been verified, and supplementary data is under process.

# DC Srinagar holds Public Grievance Redressal Camp at Panzinara

SRINAGAR, DECEMBER 04: In its endeavour to bring administration at the door steps of the people as a part of Public Outreach Programme, the Deputy Commissioner (DC) Srinagar, Dr Bilal Mohi-Ud-Din Bhat Wednesday conducted an extensive tour of Panzinara area in the outskirts of Srinagar District and presided over a Public Grievance Redressal cum Awareness Camp under Weekly Block Diwas initiative.

The Public Grievance Redressal camp witnessed large participation of people from Panzinara-A, Panzinara-B, Mujgund and other adjoining areas of Shalteng Tehsil of Srinagar District during which local representatives, public delegations and scores of individuals projected various issues and demands before the DC particularly the long pending issue arising out of jurisdictional dispute with Baramulla and Bandipora Districts.

Besides, they also demanded for updation of settlement records by

Revenue authorities, repairment of Jhelum Bund augmentation of water supply infrastructure, provision of bank



ATM facility and other development issues.

After giving patient hearing to the grievances and demands of the public, the DC sought on the spot response from the concerned District Officers present during the Grievance Redressal Camp.

He assured the people of Panzinara and other adjoining areas that all genuine demands and issues projected by them will be taken up with concerned authorities on priority particularly with regard to jurisdictional issues.

The DC also gave on the spot direction to the concerned officers for time bound redressal of the public issues.

Addressing the gathering, the DC said the purpose of holding such grievance redressal Camps is to take appraisal of local issues from the general public for precise and on-ground assessment for time bound redressal.

The DC also issued on spot directions to the respective line Departments to hold an employment camp and aware the people of the area regarding the various welfare schemes of the Government, and urged the inhabitants especially youth to come forward and avail the benefits of different welfare schemes.

Besides, Chief Planning Officer, Chief Agriculture Officer, Assistant Commissioner Development, SDM West, Tehsildar Shalteng, District Health Officer, Block Development Officer, Lead District Manager and other District Officers and Engineers were also present on the occasion.

# Fisheries Department undertakes Fish Stocking in Shopian

SHOPIAN, DECEMBER 04: The Fisheries Department, Shopian today conducted a Rainbow trout fish stocking in Rambaira River at Dubjan in order to replenish / supplement the existing fish stock of the river. Deputy Commissioner (DC) Shopian, Mohammad Shahid Saleem Dar led the release of more 10,000 Rainbow Trout (Oncorhynchus mykiss) Yearlings into the Upper Rambaira Stream at Dubjan. These fish, artificially raised at the Mother Trout Fish Farm Kokernag, aims to supplement existing wild populations of fish contributing to the betterment of aquatic ecosystems along with fostering eco-tourism activities. The stream has already established Trout stock and the anglers are visiting the stream every year for sport fishing.

Assistant Director Fisheries highlighted the positive results observed in the stream over the past few years, with increased angler visits for fishing. The initiative aligns with the district's commitment to promoting sustainable and eco-friendly fisheries practices.

ACR, Shopian, AD Fisheries and other officials from the Fisheries Department were present.



# Improved paediatric asthma care is possible

**WASHINGTON:** Improving paediatric asthma care is possible, a new research has found. According to a University of Connecticut study, improved personalised inpatient assessments can enhance the accuracy of the prescribed asthma therapy, a child receives. Paediatric asthma is the most common chronic childhood condition and one of the leading causes for paediatric hospital admissions. Asthma can be severely disabling and even deadly. Asthma kills more than 3,600 people annually including several hundred children. It also leads to more than 300,000 adult and over 136,000 paediatric hospitalisations annually. “The key to caring for paediatric asthma patients is that the most appropriate medication at the right dosage must be prescribed, and the child has to take their medication every day,” said Dr. Alexander Hogan who led the quality improvement study. The study showed the quality of asthma care improved after clinicians were equipped with streamlined patient care decision tools, an electronic medical record system, and access to a mobile phone application to guide each patient’s personalized care. One important decision-making tool was requiring physicians to ask each patient six key asthma control questions: 1. Number of asthma symptoms per week? 2. Number of night-time awakenings per month? 3. Inhaler use for symptoms per week? 4. What is the degree of asthma’s interference with your normal activity? 5. Number of asthma exacerbations requiring oral corticosteroids in the last year? 6. How many doses per week are you missing of your current controller therapy? The study demonstrated the effectiveness of asking these key questions. The study improved the frequency of asking the questions from 40 to 98 percent and increased the accuracy of the medications prescribed up to 80 percent in one year. Hogan adds, “Our study findings show small changes truly do add up. If you are concerned your child’s asthma is not well controlled, it is imperative you raise these concerns with your paediatrician.” People with asthma persistently suffer from airway inflammation and constriction due to various irritants. Irritants that inflame the lungs are called triggers. Asthma triggers include: pollen, viruses, cigarette smoke, dust mites, pollution, cockroaches, exercise, mold, pet dander among many others. Some children with asthma have mild disease – needing a rescue inhaler once in a while. However, children with persistent asthma need to use a daily asthma controller medication, such as an inhaled corticosteroid, to prevent asthma attacks. Inhaled corticosteroids taken everyday decreases the chronic inflammation found in asthma. These medications have been proven to decrease the frequency and severity of asthma exacerbations. They also have been shown to decrease missed days of school, emergency room visits and hospital admissions.

# Feeling sad? Blame your bad mood on THESE foods



New Delhi: It is a well-known fact that our diet plays an important role in regulating our physical well-being. But did you know that it can affect our mental health equally as well? If you didn't then spoiler alert, it can. You must have come across foods that are referred to as mood-boosting foods. Similarly, certain food varieties, despite being irresistible and delicious, can lead to deteriorated mental well-being. Read on to know about some foods that can make you sad.

**Foods to look out for**

Here are some foods that can make you sad:

**Sugary treats:** Avoiding sugary treats might not be as easy as it sounds but you must do it for your health. Consuming excessive sugar can cause an imbalance in the gut microbiome which can affect the mood to a great extent. Therefore, moderate consumption must be ensured. **Gluten:** One does not necessarily have to suffer from gluten intolerance or gluten allergy to follow a gluten-free diet. Although more research is required to back the claim, some studies have shed light on the link of gluten to an increased instance of deteriorated mental health. Therefore, it is advised to limit its consumption in the daily diet. Some common sources of gluten include wheat, cereals, pasta, etc.

**French fries:** Trust us, we know how delicious french fries are, but we also know that they might not be the healthiest food choice. French fries are fried foods that are loaded with salt. Upon consumption, it can easily lead to an unhealthy intake of salt and oil. It is a source of trans fat which is also known for increasing the risk of depression.

**Processed foods:** In our daily lives, we come across a variety of processed foods such as cheese, biscuits, etc. However, if you're trying to dodge anxiety, sadness, or depression, it's important that you stay away from processed foods as they can harm your health.

**White rice:** Consuming refined carbohydrates can increase the risk of depression and rice is a popular source of the same. In a country like India where rice is one of the staple foods, it might not be easy to eliminate it from the diet.

## VARICOSE VIENS MAY INCREASE RISK OF BLOOD CLOTS

Adults with varicose veins -- gnarled, enlarged veins, most commonly appearing in the legs and feet -- may be at increased risk of suffering from a blood clot that could lead to vascular diseases, a study has found. The study found people with varicose veins were at five times increased the risk of developing a deep venous thrombosis (DVT) -- a clot in the legs which can lead to amputation or even death, the Daily Mail reported. They were twice as likely to develop a pulmonary embolism -- a clot which travels into the lungs and can be deadly. They also had double the risk of peripheral arterial disease, which reduces blood flow to the arms and legs. The study led by researchers including Pei-Chun Chen, a doctoral student from China Medical University in Taiwan, examined 212,984 patients aged 20 years and older with varicose veins, and a control group of equal patients without varicose veins. The results, published in the journal JAMA, showed that among adults diagnosed with varicose veins, there was a significantly increased risk of incident DVT. Varicose veins occur when the valves in the veins break down, allowing blood to flow backward and collect at certain points. The condition is more likely to affect the elderly as age causes the skin to lose elasticity and valves in veins to weaken. They are also linked to pregnancy as gestation causes the volume of blood in the body to increase but reduces the flow from the legs to the pelvis. Obesity and a family history of the condition also increase the risk.

# Menstrual periods: 5 ways to outsmart period time food craving; what to eat and avoid

It's the time of the month, they say. Some even cast insensitive jokes by giving pre-menstrual syndrome a wrong name -- PMS-ing is a term that is also used in an impolite way to speak of someone's loss of temper or behaviour of irrationality. When your periods arrive, do you usually dig into tubs of your favourite ice cream or bags of salty snacks... simultaneously binge-watching that new, old-timey romantic series can seem very comforting? It's common to have cravings during or after your period. A study titled "Differential associations between ovarian hormones and disordered eating symptoms across the menstrual cycle in women" carried out in Michigan (USA) looking into this aspect found that progesterone, a hormone that is at its peak just before your period, and that explains why the bigger appetite and increased hunger.

**Why the need for comfort food?** Did you know that women find themselves face to face with upto 150 types of symptoms of premenstrual symptoms (PMS) ranging from physical to emotional to behavioural to cognitive? These symptoms are triggered by hormonal fluctuations and how they affect chemical messengers in the brain called neurotransmitters. Sciencealert.com says that food cravings are up there with the most commonly reported behavioural PMS symptoms, along with mood swings, irritability, anxiety and tension, and sad or depressed mood. The symptoms usually get resolved around the third or fourth day of menstruation.

**Beware of slipping off the fitness bandwagon:** Cleveland Clinic Ob/Gyn Dr Cristina McClure, DO, says that your period snacking go-to's have the potential to cause a number of problems. It's important to sort out the matter during the days preceding the periods so that you make good food choices during this time. Redefine the "good stuff" first: Periods can be difficult to tackle and that can show on your mood and the choices you make. When you're cramping and irritable, you just know that a double-cheese pizza or a box of chocolate eclairs or a hot fudge brownie sundae with extra fudge, nuts and whipped cream will make everything better. Most of these foods are carbohydrates and fat-laden. Eating carbs is an activity that turns up levels of serotonin, a neurotransmitter in the central nervous system, which contributes to a general sense of well-being and happiness. "Foods that are really sugary and sweet will increase your insulin levels, and high insulin levels can cause imbalances in other female-factor hormones. That's why you want to follow a low glycemic diet starting at least a couple of weeks before your expected period," says Dr McClure. If you eat a lot of carbs and sugar during your period, you might feel bloated or backed up. Women with the polycystic ovarian syndrome (PCOS) might experience irregular periods which could lead to other complications. But when your blood sugar levels are going up and down, Dr McClure says you might feel tired or get headaches frequently. According to Dr McClure, start building up your iron levels a week or two before your cycle to increase your blood counts. But cook those iron-rich foods well to avoid inflammation. Stock up healthy foods in the fridge and jars. Cook if you can. It's therapeutic. Avoid shopping for or ordering food when the blues hit.

**What food to eat:** **Whole grains:** Have you tried preparing a bhel (salad) out of sprouted grains? Take some raw sprouts or boiled sprouts. Add chopped tomatoes, onions, squeeze lemon juice, add a pinch of salt. Or boiled corn with very little butter but more condiments and lemon juice? Avoid too much salt, though, as it can add to water retention and bloating. **More complex carbs:** Whole wheat toast can provide us with the B vitamins thiamin, riboflavin, and niacin. Complex carbohydrates also provide us with fibre, which helps with bloating and constipation and helps us feel full with fewer calories. **Berries:** Stock up on dark berries. Dr McClure says blueberries, blackberries, strawberries, raspberries and cherries are great sources of antioxidants. If you are craving fruits, choose low-glycemic options such as berries, cherries, grapefruits, pears, green apples. **Pumpkin seeds:** This can be a mood-lifter that can naturally increase our serotonin levels due to the high levels of tryptophan. Pumpkin seeds can easily be tossed into salads, smoothies or eaten as a snack. Have a salad that has melon pieces. Melon is made mostly of water and is a natural diuretic, which means it can help cure that puffy feeling you get during your period. It also contains a compound called Cucumis melo, a diuretic that helps flush excess fluid from the body. **Home-made Popcorn:** It's a whole-grain food, for God's sake. Try sprinkling spices with no salt on air-popped popcorn and tossing in a handful of nuts while you're watching your favourite late-night TV.

**Saffron:** The spice increases serotonin levels, which typically drop before menstruation. It's expensive but this spice has been valued through the ages for its nutritional and mood-lifting properties. **Omega-3 acids rich foods:** Fish (Salmon trout), Chia seeds, beans added to salads, soups, or whole-grain pasta and rice dishes. **Fibre-rich foods:** Whole grains, legumes, nuts, fruits, and vegetables. **What food to avoid:** Dairy Caffeine Salty foods Carbohydrate-laden dishes Sugary foods Alcohol Red meat Processed foods

It's common to have cravings during or after your period. A study titled "Differential associations between ovarian hormones and disordered eating symptoms across the menstrual cycle in women" carried out in Michigan (USA) looking into this aspect found that progesterone, a hormone that is at its peak just before your period, and that explains why the bigger appetite and increased hunger



# Continued From P1...

## CIK, SIA seize

Workers (OGWs), supporters, facilitators, and sympathizers in Kashmir to create new terror modules by misusing social media platforms. The goal is to radicalize and recruit youths for unlawful activities, including joining terrorist organizations and furthering their activities.

During the investigation of the case, it was revealed that mobile phones and other digital devices were being used by under-trial terrorists, OGWs, and supporters of various proscribed terrorist organizations inside Central Jail, Srinagar. These devices were being used for communication with active terrorists, receiving and transmitting directions from handlers based across the border to further the terrorists' activities.

The suspects/inmates were found to be in continuous contact with handlers or members of terrorist organizations across the border, passing on instructions to active terrorists operating in the Kashmir valley. As part of the investigation, searches were conducted in various blocks and barracks of Central Jail Srinagar. Incriminating materials, including SIM cards, mobile phones, and other digital devices, were recovered and seized for further investigation.

The investigating agency is also looking into the security breach at Central Jail Srinagar, specifically how the digital communication devices were smuggled inside the premises. Facilitators and collaborators involved in this act will also be investigated.

The operation aims to uncover crucial evidence, curb illicit activities, prevent the misuse of communication devices within security zones, including jails, and dismantle the terror ecosystem in Jammu and Kashmir. Legal action will be taken against those involved, as per the law of the land.

## Minimize Distress

supply status, load curtailment programs, revenue realization, power purchase economics, and mechanisms for monitoring curtailment schedules.

The meeting also reviewed consumer and load profiles across Kashmir districts, focusing on consumer counts and challenges in meeting load requirements.

Discussions were held on strategies to address Aggregate Technical & Commercial (AT&C) losses through targeted interventions and mechanisms to plug revenue leakages.

A comparative analysis of power availability this year versus last year was also presented.

The Chief Minister reviewed the physical and financial progress of ongoing works and projects being executed under the UT budget, Centrally Sponsored Schemes, and PMDP.

Key proposed projects were also evaluated.

On the occasion, Chief Minister Omar Abdullah launched the Monitoring of Load Curtailment Programme by clicking on www.LCPJK.in, marking a significant step toward ensuring transparency and accountability in power curtailment schedules.

The Chief Minister reiterated for strict monitoring and efficient execution of curtailment plans to ensure a reliable power supply while safeguarding the interests of consumers.

## Chief Secretary

seats in addition to their intake capacity of 100 seats each. He urged them to utilize the infrastructure and manpower available with them to achieve this feat besides aiming for adding other specializations.

He advised for formulating a concrete plan of action to upgrade the tertiary care services in all the newly established Medical Colleges and District Hospitals in next one year.

He remarked that the government would extend full support to the health institutions aiming to make the necessary upgradations with optimum utilization of their available resources.

Dulloo also took note of the human resources available in each of the medical college. He called for referring all the unfilled teaching vacancies besides taking steps to fill the positions of Professors through proper channel as this manpower is essential to augment the services and courses offered by them.

On this occasion, the Chief Secretary also reviewed the status of IT based services like Tele-ICU, e-Sanjevani, Tele Radiology, e-Sahaj, Scan & Share here in hospitals of J&K. He suggested to make health services universal and seamlessly by adopting these modules at an earliest. He made out that the Department should also choose some far off districts to be linked to GMCs under Tele-ICU program to minimize referrals from there.

The Chief Secretary also took project wise status of major

works taken up by the Department in different areas of J&K. He asked about the physical progress made in each of these projects besides the estimated dates of completion for each of them.

While speaking in this meeting, the Secretary H&ME Dr Syed Abid Rashid Shah informed that our Medical Colleges had applied to NMC for 213 PG seats, 88 DNB and 28 DM/MCH seats for the session 2025-26. He revealed that the Department is hopeful to get the necessary approval as they have chalked a program to follow it up at the highest level.

He further gave in-depth analysis of college-wise seats and courses for which the applications had been made. Regarding addition of 50 MBBS Seats in new GMCs, it was said that same shall be taken up for the next session after requisite upgradation in human resource and infrastructure as per the set norms. It was added that proposals from GMC Baramulla, Anantnag & Kathua had been received in this regard.

The infrastructure projects which came up for review during this meeting includes key infrastructure projects like completion of New Medical Colleges, Additional block of LD Hospital, State Cancer Institute at Jammu/Srinagar, R.N Chopra Nursing Home Jammu, Labour block at SMGS Hospital, MCH Lamberi, DH at Reshipora (Budgam), and 100/50 bedded critical care blocks under PM ABHIM, ECRP programme.

## MP Ruhullah

He said that Horticulture provides employment to 3.5 million people in Kashmir, or about 23% of the population.

Ruhullah also said that the land being impacted is crucial for the region's economy, as it involves orchards and agricultural land. "The land being impacted is crucial for the region's economy, as it involves orchards and agricultural land. I also fail to understand whose demand it was. When I asked the people who came out to protest to save their fields and agricultural land, I found out that there was no local demand for this project," he said.

He said that the local population had not requested the lines as they would negatively affect their environment, livelihoods, and income, particularly from horticulture.

Aga Ruhullah also said that the average income of families with orchards in the region is around 15 lakhs in some cases. He criticized the lack of consultation with the affected communities, stating that the survey for the railway lines was being conducted without addressing local concerns.

He called for clarity on the necessity of these lines, asking the Minister for Railways to explain the purpose behind the project.

"If the railway lines were being constructed for a legitimate purpose, the legal requirements for public notice and social impact assessment should have been fulfilled," he said, adding that these steps were ignored, violating the law.

Aga Ruhullah further compared the project to a "colonial project" due to its disregard for democratic processes, public consultation, and local needs.

He urged the government to address the concerns of those whose agricultural and horticultural lands are being impacted by the project

## Bijbehara-Awantipora

"The proposed railway line, starting from Pulwama and passing through Bijbehara and Awantipora, will cut through highly fertile land and orchards. This is a direct attack on people's livelihoods," she said, adding that protests in Bijbehara reflect public dissatisfaction with the plan.

Mufti suggested that the railway line should be rerouted through non-agricultural land. "The LG administration, under the directives of the Ministry of Home Affairs, is making decisions that criminalize livelihoods. Fertile agricultural land is being taken away, and it's causing immense insecurity among people," she said.

She also criticized unplanned urbanization projects, including the construction of satellite towns, warning of their adverse impact on Kashmir's ecology. "These projects are being undertaken without proper urban planning or ecological considerations. This makes people feel more insecure," Mufti added.

Her appeal to the administration is to consider the environmental and social implications before finalizing the railway line's route.

## Night Chill

recorded a minimum temperature of minus 1.2 degree Celsius. Gulmarg, a famous ski-resort, recorded a low of minus 3.5 degree Celsius.

The temperature has plummeted amidst the forecast of four-

day dry spell till December 07 while the weatherman here has predicted no significant weather conditions till December 15.

Director Meteorological department (MeT), Dr Mukhtar Ahmad told KNO that there is a possibility of generally cloudy weather while light rain and snow at isolated higher reaches are expected during late night of 8th to 9th morning.

However, on December 10, there is a forecast of light rain and snow at isolated places towards early morning.

In the meantime, the weatherman has predicted generally dry weather from December 11-13 and light rains and snow over isolated places on December 14 & 15.

Meanwhile, the tourists, travelers and transporters have been advised to follow administration and traffic advisory

## Convert dept's

sustainable for long-term growth, describing them as the backbone of the cooperative movement. He emphasised leveraging schemes under the Holistic Agriculture Development Program (HADP) to extend cooperative services to every doorsteps.

The Minister emphasised on seamless functioning of Cooperative Banks, Super Bazaars, Schools, Common Service Centres (CSCs), Training Centres and PM Jan Aushadhi Kendras (PMJAKs).

Directives were issued to modernize Super Bazaars, diversify their inventory, and increase footfall to enhance economic growth.

Javid Dar encouraged innovative cooperative societies under the Yuva Sahakar Scheme to foster entrepreneurship among the youth.

The Minister also reviewed projects such as decentralized grain storage and Cooperative education and training institutions. He called for diversifying course offerings to align with current market demands, ensuring greater public utility.

Javid Dar reiterated his commitment towards revitalising the Cooperative Department, stating that the Cooperatives are integral to strengthening economy and empowering communities. He underscored the need to secure and optimize assets while making cooperative societies more inclusive, innovative, and sustainable.

The Minister asked the department to bring vibrancy in its performance, adopt modern technologies and work towards creating a robust cooperative ecosystem in Jammu and Kashmir.

Earlier, Secretary Cooperatives, Babila Rakwal, through a power point presentation presented an overview of department's achievements and ongoing initiatives, including the progress in computerising PACS. She detailed about efforts towards diversification of the role of cooperatives in running Jan Aushadhi Kendras, CSCs, Farmer Producer Organizations (FPOs), and other ventures.

The meeting was attended by Registrar Cooperatives, Additional Registrars for Kashmir and Jammu, Deputy Registrars and other senior officials while Srinagar based officers joining virtually.

## NGOs Should

During the meeting, the Minister emphasized on the importance of maintaining transparency, accountability and efficiency in the functioning of NGOs receiving government grants. She stressed on the need for strict monitoring mechanisms to ensure that funds are used appropriately and effectively to serve the deserving persons and children, particularly in the areas of education, healthcare and welfare needs.

"Government-funded NGOs play a vital role in addressing the needs of destitute community and it is essential that they operate with maximal accountability. They must ensure proper use of funds and resources to maximize their impact in society", Sakeena Itoo said. "Our aim is to empower these organizations with the hope of bringing positive change at ground level", she added.

The Minister also stressed upon the representatives of NGOs as well as officers to focus on skilling of students admitted in the schools of these NGOs so that they become employable for the future. She also called upon them to create maximum awareness among people about the services and facilities being provided at these institutions so that the families don't hesitate to admit their children in these schools.

Sakeena Itoo further directed the Commissioner Secretary to conduct regular monitoring and evaluation of activities of these NGOs in order to ensure their compliance with government guidelines and regulations. She also asked the NGO representatives to submit monthly progress and activity reports of their respective organisations to Director.

The Minister also directed the Commissioner Secretary to nominate a full fledged Nodal Officer for grievance redressal of issues faced by these NGOs on regular basis.

During the meeting, the representatives of each NGO briefed the Minister about the functioning of their institutions as well as facilities and services being provided there.

## TA soldier

Meanwhile, the security forces have cordoned off the whole area to nab the attackers

## CI Inaugurates

an interaction with the lawyers and the public.

During the interaction, the Chief Justice took stock of grievances of the lawyers and the public as well. He issued on the spot instructions to the concerned for redressal of the same.

Justice Tashi Rabstan gave one week's time to the Superintending Engineer and Executive Engineer R&B Budgam to complete construction of the court building and the pathway leading to the court and the chambers.

The Chief Justice also interacted with the judicial officers at Chadoora and heard their grievances. He directed them to ensure timely justice to the litigants and stressed upon the need to dispose off the old cases on priority basis.

## De-escalation, management

that the maintenance of peace and tranquility in border areas is a prerequisite for the development of our ties. In the coming days, we will be discussing both de-escalation as well as effective management of our activities in the border areas," he said. He said with the task of disengagement completed, it is now our expectation that discussions would commence in regard to the remaining issues that we had placed on the agenda.

"The conclusion of the disengagement phase now allows us to consider other aspects of our bilateral engagement in a calibrated manner, keeping our national security interests first and foremost," he said.

Jaishankar's detailed statement came weeks after Indian and Chinese militaries completed the disengagement of troops from two last face-off points in eastern Ladakh, effectively ending the over four-year military face-off along the LAC in eastern Ladakh.

"The next priority will be to consider de-escalation, that would address the massing of troops along the LAC with associated accompaniments," he said.

Soon after the Minister completed his statement, Opposition leaders wanted to seek some clarifications. It was, however,

disallowed by the Chair, leading to a brief ruckus in the House.

"Time and again, I have invited your attention, indulgence, that we are being watched by the entire nation and our demeanour is causing a serious dilution of the institution, an institution meant for debate is not having it, therefore getting into irrelevance," Dhankhar said as Opposition members demanded that the minister answer their questions. "The rule on a statement is explicit. The Minister... has taken the House in confidence. He could be as exhaustive as possible," he said. Opposition MPs then walked out of the House in protest.

# NOTICE

This is information for the general public that in my Disability Certificate bearing no. JK0910019810059588 issued by Medical Authority Bandipora the case is mentioned as multiple Disability While as actual and correct Diagnosis case is Locomotor. Now I want to apply for its correction. In this regard, if any person has any objections he/ she may file the objections in the office of the CMO Office Bandipora within a period of seven days from the date of the publication of this notice after that no objection shall be accepted.

**Mushtaq Ahmad Dar**  
**S/O Gh Hassan Dar**  
**R/o Gund Saderkote Tehsil Hajin District**  
**Bandipora**

# NOTICE

This is an information for general public that the Name and parantege of my Son has been Wrongly mentioned in his school records as Ahtisham Ali Gojer Awan S/O Shafqat Ali Gojar Awan, while as his Actual and correct name and parantege is Ahtisham Shafkat khan S/O Shafkat Ali Khan. Now i want to apply for its correction in this regard any person has any objection he/she may file the Objections in office of the principal Syed Allah -ud-din-Roomi public school Muqam, within a period of seven days from the date of the publication of this notice, after that no objection shall be accepted.

**Shafkat Ali Khan.**  
**F/O Ahtisham Shafkat khan.**  
**R/O Quil muqam Tehsil Aloosa District**  
**Bandipora.**

# NOTICE

This is an information for general public that the Name and parantege of my Son has been Wrongly mentioned in his school records as Zeeshan Shafqat S/O Shafqat Ali Gojar Awan, while as his Actual and correct name and parantege is Zeeshan Shafkat khan S/O Shafkat Ali Khan. Now i want to apply for its correction in this regard any person has any objection he/she may file the Objections in office of the principal Syed Allah -ud-din-Roomi public school Muqam, within a period of seven days from the date of the publication of this notice, after that no objection shall be accepted.

**Shafkat Ali Khan.**  
**F/O zeeshan Shafkat khan.**  
**R/O Quil muqam Tehsil Aloosa District**  
**Bandipora.**

# NOTICE

This is an information for general public that the Name of my Daughter has been Wrongly mentioned in her School Records as Arifa, while as her actual and correct name is Lone Arifa Banoo. Now i want to apply for its correction in this regard any person has any objection he/she may file the Objections in office of the Headmaster GOVT Middle school Ayathmulla Bandipora with in a period of seven days from the date of the publication of this notice, after that no objection shall be accepted.

**Faqir Mohammad Lone.**  
**F/O Lone Arifa Banoo.**  
**R/O Achoora Shahpora Gurez, District**

# NOTICE

This is an information for general public that in my Aadhar Card bearing Registration No:4551 4703 9241, my name, Parentage and DOB has been Wrongly mentioned as Suhail Ahmad Chohan Gojar S/O Shabir Ahmad Chohan Gojar and DOB as 05-02-2000, while as my Actual and correct name, Parantege and DOB is Suhail Ahmad Gojar Chohan S/O Shabir Ahmad Gojar Chohan and DOB is 15-02-2003. Now i want to apply for its correction in this regard any person has any objection he/she may file the Objections in office of the Concern Authorities with in a period of seven days from the date of the publication of this notice, after that no objection shall be accepted.

**Suhail Ahmad Gojar Chohan.**  
**S/O Shabir Ahmad Gojar Chohan.**  
**R/O Malangam tehsil Aloosa District**

## Vardhan Film Productions Presents Pyar Mei Qurban: A Cinematic Triumph Set to Enthrall Audiences Across J&K

**SRINAGAR:** Vardhan Film Productions, in association with Zee Music Company, proudly announces the release of Pyar Mei Qurban, a romantic thriller that promises to redefine cinematic storytelling in the region. Directed by Bollywood's Zuber K Khan, this highly anticipated film is a captivating tale of love, sacrifice, and resilience, set against a visually stunning backdrop.

The film is scheduled for release in prominent theaters across Jammu & Kashmir, including JK Cineplex in Baramulla, Handwara, Pulwama, and Shopian, as well as INOX multiplex in Srinagar. With its heartfelt story and gripping performances, Pyar Mei Qurban is poised to become a cultural phenomenon in the region.

**A Stellar Cast and Heartfelt Performances**  
The film stars Zuber K Khan as Veer, with producer Imtiyaz Bhat making his acting debut as Bhawani alongside his son Ebadat Bhat. Veteran actor Arun Bakshi delivers a commanding performance as a senior editor, while Roma Arora's portrayal of the female lead adds depth and romance to the story. Adding glamour to the film is Natasha Majhi, who has performed a captivating item song that promises to mesmerize audiences.

The chemistry between Zuber K Khan and Roma Arora has already been praised for its authenticity and emotional resonance.

Director Zuber K Khan shared his excitement about the project:

"As my directorial debut, Pyar Mei Qurban is a story close to my heart. It explores universal themes of love and sacrifice while celebrating the cultural richness of Jammu & Kashmir. I can't wait for audiences to experience this journey."

Producers: Imtiyaz Bhat and Muhammad Tasleem

Producer Imtiyaz Bhat reflected on the dual challenge of acting and producing:

This film is not just entertainment; it's an emotional journey that resonates deeply. Sharing the screen with my son Ebadat and collaborating with such an exceptional team has been an unforgettable



experience."

Muhammad Tasleem, co-producer, added: "We have worked tirelessly to ensure Pyar Mei Qurban not only entertains but also showcases the cultural beauty and emotional depth of Jammu & Kashmir. The film is a labor of love."

A Tribute to Heroes: Announcement of DGP Vardhan Film Productions is also thrilled to announce the development of its next major project, DGP. This film will shine a spotlight on the incredible sacrifices of Jammu & Kashmir's police officers, offering a heartfelt tribute to their courage, dedication, and service to the nation.

Imtiyaz Bhat spoke about the upcoming project:

"With DGP, we aim to tell the stories of the unsung heroes of Jammu & Kashmir. Their bravery

and sacrifices deserve to be celebrated on the big screen, and we are committed to portraying their lives with the respect they deserve."

A Cinematic and Cultural Milestone  
The dual announcements of Pyar Mei Qurban and DGP underscore Vardhan Film Productions'



dedication to storytelling that is both impactful and meaningful. From the soulful music by Zee Music Company to the breathtaking cinematography, Pyar Mei Qurban is set to offer audiences an unforgettable cinematic experience.

Looking Ahead  
With Pyar Mei Qurban ready to hit theaters and DGP in the works, Vardhan Film Productions continues to push boundaries, creating films that celebrate love, resilience, and heroism.

About Vardhan Film Productions:  
Vardhan Film Productions is committed to producing impactful and culturally resonant cinema. With a focus on meaningful narratives and exceptional artistry, the banner is dedicated to elevating regional and national storytelling.



# 13-year-old Suryavanshi shines as India stroll into semifinals of U-19 Asia Cup



Real Kashmir, the only I-League team from Jammu and Kashmir, will play their next match on December 9. The games are live on Sony Sports.

This is Real Kashmir FC's second win at home in three matches, with the other ending

play their next match on December 9. The matches are live on Sony Sports.

**The goals for Real Kashmir, also known as the Snow Leopards were scored by Boubacar Aminou in the 72nd minute** and Lalramdinsanga Ralte in the 84th minute. Delhi FC's Stephane Samir Binong pulled one back in the 89th minute, but it wasn't enough for a comeback.

**Brief Scores:**  
UAE Under-19: 137 all out in 44 overs (Muhammad Rayan 35; Yudhajit Guha 3/15, Chetan Sharma 2/27, Hardik Raj 2/28) lost to India Under-19: 143 for no loss in 16.1 overs (Vaibhav Suryavanshi 76 not out, Ayush Mhatre 67 not out) by 10 wickets.

# Klaasen to lead SA in Pakistan T20Is; Nortje and Shamsi return

Heinrich Klaasen (capt), Ottneil Baartman, Matthew Breetzke\*, Donovan Ferreira, Reeza Hendricks, Patrick Kruger, George Linde, Kwena Maphaka\*, David Miller, Anrich Nortje, Nqaba Peter, Ryan Rickelton\*, Tabraiz Shamsi\*\*, Andile Simelane, Rassie van der Dussen  
 \*Matthew Breetzke, Kwena Maphaka and Ryan Rickelton will join the squad following their Test commitments against Sri Lanka \*\*Tabraiz Shamsi's participation in the ongoing Global Super League in Guyana may affect his availability for the first T20I

